

LOOP 1 IS A BEGINNER FRIENDLY TRAIL THAT TRAVERSES THE LOWER SLOPES OF MT STROMLO AND THE HOLDEN'S CREEK AREAS. GENTLY WINDING WITH NO DIFFICULT TRAIL FEATURES TO NEGOTIATE, LOOP 1 CAN BE RIDDEN IN DIFFERENT PARTS TO LENGTHEN OR SHORTEN THE RIDE, AND THE RETURN TO THE CARPARK IS NEVER FAR AWAY. IT IS THE PERFECT RIDE FOR SOMEONE WHO IS NEW TO MOUNTAIN BIKING OR HAS BEEN AWAY FROM IT FOR A WHILE. THERE ARE SOME TECHNICAL TRAIL FEATURES AT DIFFERENT POINTS ON THE LOOP FOR YOU TO TRY OUT YOUR SKILLS AND HAVE SOME FUN.

