



LOOP 5 KEEPS TO THE EASTERN SIDE OF MT STROMLO AND HAS ALL THE INGREDIENTS OF THE TOUGHEST OF CROSS COUNTRY LAPS. AFTER GENTLY CLIMBING AWAY FROM THE CARPARK AND ARRIVING AT BLUE GUMS, THE TRAIL PEELS OFF AND HEADS UP SERIOUSLY VIA CARDIAC CLIMB, THE CLIMB BUILT FOR ROUND 6 OF THE 2008 WORLD CUP. CLIMBING TO THE DOWNHILL BRIDGE, THE TRAIL THEN DESCENDS TO HOMEVIEW JUNCTION BEFORE TURNING NORTH AGAIN AND CLIMBING THE FLANKS OF MT STROMLO VIA WOMBAT JUNCTION BEFORE SWEEPING BACK DOWN THROUGH WOMBAT JUNCTION AGAIN AND A FAST FLOWING RIDE BACK TO THE CARPARK. THIS LOOP IS ONLY SUITABLE FOR THE MORE ADVANCED RIDER DUE TO THE TECHNICAL DIFFICULTY AND ARDUOUS NATURE OF THE RIDE.

